Title A. STUDY OF HAIR

Overview: This Competency Standard identifies the competencies required to study the hair by a beautician. He/she will be expected to identify different textures of hair before any hair treatment being given to the client.

Unit of Competency	Performance Criteria	Knowledge	Tools & Equipment
A1. Identify different textures of hair	He /She will be able to: P1. Select personal protective equipment. P2. Identify following textures of hair with the help of magnifying glass and other methods • Dry hair • Oily hair • Normal hair • Dandruff hair. .	He /She will be able to: K1. Explain Importance of using Personal Protective Equipment (PPE) K2. Identify Protective clothing and equipment (PPE) to be worn and from where it can be obtained. K3. Explain the characteristics of following textures of hair: • Dry hair • Oily hair • Normal hair • Dandruff hair.	apron, safety gloves, magnifying glass, tail comb, hair catcher.

Title B. COSMETICS OF HAIR

Overview: This Competency Standard identifies the competencies required to prepare and use shampoos, dyes, oils, creams and developers in hair treatments like perming and in hair setting like hair straightening..

Unit of Competency	Performance Criteria	Knowledge	Tools & Equipment
A1. Preparation and use of shampoos, dyes, oils, creams and conditioners.	He/she will be able to: P1. Prepare shampoos, dyes, oils, cream and conditioners for different hair textures. P2. Apply shampoo, dye, oil, cream and conditioner	He/she will be able to: K1. Identify ingredients used in preparation of shampoos, dyes, oils, creams and conditioners. K2. Explain the importance of using shampoos, dyes, oils, creams and conditioners. K3. Explain the shampoos, dyes, oils, creams and conditioners suitable for different textures of hair.	
A2. Use of developers and lotions in setting, cutting, perming and straightening of hair	He/she will be able to: P1. Use developers and lotions in the following hair treatments: • Cutting • Perming • straightening	He/she will be able to: K1. Explain the following procedures: • Cutting • Perming • Straightening. K2. Explain the importance of developers in different hair treatments.	

Title C. PROCEDURE OF WASHING, SHAMPOOING AND COMBING HAIR

Overview: This Competency Standard identifies the competencies required to wash, shampoo and comb the hair by a beautician at a salon.

Unit of Competency	Performance Criteria	Knowledge	Tools & Equipment
A1. Procedure of combing hair	He/she will be able to: P1. Analyze different textures of hair. P2. Identify comb suitable for different textures of hair. P3. Comb different textures of hair.	He/she will be able to: K1. Identify different textures of hair. K2. Identify different types of comb. Explain the procedure of combing hair.	Magnifying glass, comb, tail comb, brush, hair serum
A2. Procedure of washing and shampooing hair	He/she will be able to: P1. Prepare the client and workstation for washing and shampooing hair. P2. Wash and shampoo client's hair.	He/she will be able to: K1. Explain the procedure of preparing the workstation and client for washing and shampooing the hair. K2. Explain the importance of washing and shampooing hair..	Towel, sheet, shampoo, conditioner, apron, comb, hair dryer.

Title D.HAIR STYLING

Overview: This Competency Standard identifies the competencies required by a beautician while styling the client's hair at salon.

Unit of Competency	Performance Criteria	Knowledge	Tools & Equipment
A1. Procedure of roller setting, blow drying, perming, straightening	He/she will be able to: P1. Select appropriate tools and equipment for roller setting, blow drying, perming, straightening. P2. Perform roller setting, blow drying, perming, straightening.	He/she will be able to: K1. Explain the technique of roller setting, blow drying, perming, straightening K2. Describe the use of appropriate brushes, creams and tools during these hair styling. .	Rollers, tail comb, hair catcher, round brushes, normal hair brush, hair dryer, hair Straightener, mousse, perming gel, apron
A2. Use of hair dryer, rollers, straightening machine etc.	He/she will be able to: P1. Select appropriate hair dryer, rollers and straightening machine. P2. Use hair dryer, rollers and straightening machine during hair styling.	He/she will be able to: K1. Explain the watts required in hair dryer and straightening machine. K2. Describe the importance of hair dryer, straightening machine and rollers in hair styling.	Rollers, tail comb, hair catcher, round brushes, normal hair brush, hair dryer, hair Straightener, mousse, perming gel, apron

Title E. HAIR COLORING

Overview: This Competency Standard identifies the competencies required by a beautician while coloring the client's hair at the salon.

Unit of Competency	Performance Criteria	Knowledge	Tools & Equipment
A1. Use of hair dye for coloring hair	He/she will be able to: P1. Prepare the hair dye mixture by mixing the developer with the desired shade. P2. Apply the hair dye with appropriate technique. P3. Partition the hair and tie them with hair catchers. P4. Wash the hair after time required for coloring the hair has passed.	He/she will be able to: K1. Describe the volume of developer. K2. Explain the amount of developer needed to prepare the hair dye mixture. K3. Explain the importance of timings to be followed during hair dye. K4. Explain the hair color suitable for different complexions and age groups.	Hair dye, developer, apron, gloves, gown, hair catcher, shampoo, conditioner. hair brush, hair cap, bowl, towels
A2. Use of hina for coloring hair.	He/she will be able to: P1. Prepare hina P2. Apply hina on hair. P3. Wash the hair after the hina has dried or the desired results are achieved.	He/she will be able to: K1. Explain the benefits of hina for coloring the hair. K2. Describe the technique used in applying hina on hair.	Hina,apron, gloves, gown, hair catcher, shampoo, conditioner. hair brush, hair cap, bowl, towels

Title F. SKIN ANALYSIS

Overview: This Competency Standard identifies the competencies required by a beautician while analyzing the skin of the client prior to any skin treatment with the help of a skin scanner, magnifying glass or naked eye.

Unit of Competency	Performance Criteria	Knowledge	Tools & Equipment
A1. Analyze different skin types like dry, oily, acne and combination skin with the help of magnifying glass and skin scanner	He/she will be able to: P1.Examine the oily/acne skin conditions P2.Examine the dry/sensitive skin condition P3.Examine the combination skin condition P4.Examine mature skin conditions P5.Analyse the skin diseases (pigmentation, wrinkle, acne, scar, fungal, freckle, eye circle, ageing etc,). P6.operate the skin scanner. P7. Analyze the skin with the help of naked eye, magnifying glass and skin scanner.	He/she will be able to: K1. Identify oily/acne skin, its reasons and suitable product for oily skin K2.Describe dry/ sensitive skin, its reasons and suitable product K3.Define combination skin, its reasons and suitable product K4. Illustrate ageing process, its remedies and suitable product. K5 explain the the importance of magnifying glass and skin scanner in skin analysis..	Facial bed, yellow spot light, magnifying glass, skin scanner

Unit of Competency	Performance Criteria	Knowledge	Tools & Equipment
A2. Skin diseases and their treatments and remedies	He/she will be able to: P1. Identity the skin problem by getting history from Client. P2. Identify the main cause of the problem in the skin P3.Analyse the skin diseases (pigmentation, wrinkle, acne, scar, fungal, freckle, eye circle, ageing etc,). P4. Analyze Irritants and Allergens P5. Identify rosacea	He/she will be able to: K1- Describe reason of pigmentation .wrinkle, acne, scar, fungal,freckle, eye circle, aging), problematic skins. K2- Identify differences between irritant and allergens. Allergy might be caused by any food or product and an irritation might be caused after use of any product. K3- Describe Reason of rosacea	Non consumables Magnifying glass Books Computer with internet connection Posters showing the diseases of skin Consumables Stationary items for making notes and posters, pens, writing pads files for keeping record, printed material about skin diseases
A3. Importance of vitamins for the nourishment of the skin.	He/she will be able to: P1- Identify and provide instructions to the Client for healthy skin**.** P2-Explain the harmful factors of sun rays that effect the skin	He/she will be able to: K1- Describe importance of balanced diet, vitamins, minerals, fruits, vegetables, water, etc. For healthy skin. K2Identify harm full sun rays smoke/dust effect on skin.	Non consumables Computer with internet connection posters showing details of balanced diet

Unit of Competency	Performance Criteria	Knowledge	Tools & Equipment
			for healthy skin
			Consumables
			Stationary items
			Printed material giving information of different sun blocks

Title G. BASIC FACIAL

Overview: This Competency Standard identifies the competencies required by a beautician while giving a facial treatment to the client at the salon.

Unit of Competency	Performance Criteria	Knowledge	Tools & Equipment
A1. Analyze different skin types like dry, oily, acne and combination skin with the help of magnifying glass and skin scanner	He/she will be able to: P1.Examine the oily/acne skin conditions P2.Examine the dry/sensitive skin condition P3.Examine the combination skin condition P4.Examine mature skin conditions P5.Analyse the skin diseases (pigmentation, wrinkle, acne, scar, fungal, freckle, eye circle, ageing etc,). P6.operate the skin scanner. P7. Analyze the skin with the help of naked eye, magnifying glass and skin scanner.	He/she will be able to: K1. Identify oily/acne skin, its reasons and suitable product for oily skin K2.Describe dry/ sensitive skin, its reasons and suitable product K3.Define combination skin, its reasons and suitable product K4. Illustrate ageing process, its remedies and suitable product. K5 explain the the importance of magnifying glass and skin scanner in skin analysis..	Facial bed, yellow spot light, magnifying glass, skin scanner

Unit of Competency	Performance Criteria	Knowledge	Tools & Equipment
A2. Cleanse the skin	He/she will be able to: P1. Perform deep cleansing using effleurage and other techniques to remove all dirt and traces of makeup from skin and pores P2. Identify different skin cleansers suitable for various skin types.	He/she will be able to: K1. Explain the importance of cleansing in facial treatment. K2. Describe the technique of cleansing. K3. Explain the reasons why a particular cleanser is suitable for a particular skin type.	
A3. Application of bleach/polisher	P1-Apply skin polishing / bleaching (herbal and chemical) as per standard specification and time line. P2-Apply small portion of bleach / skin polish as tester t check reaction. P3-Identify types of bleaches (powder and cream)available in market P4-Perform mixing of bleach in proper ratio advised by manufacturer	K1- Describe importance of herbal and chemical bleach and polishing K2- Examine skin reaction by applying small portion of bleach K-3 Identify different types of bleaches available in market(powder and cream) K-4 Explain importance of mixing of bleach in proper ratio according to specification advised by manufacturer K -5 Analyze outcome of bleaching	
A4. Skin scrubbing	P1-Remove dead cells of skin by exfoliating/ scrubbing	K1-Explain correct scrubbing methods	**Non consumables:**

Unit of Competency	Performance Criteria	Knowledge	Tools & Equipment
	P2-Demonstrate hand movement during scrubbing	K2-Describe the techniques of hand movements K3 identify suitable scrub for different skin types.	Facial bed Facial trolley **Consumables:** Different types of scrubs/ exfoliates available in market according to salon policy Head bands Bowls Facial gowns Towels
A5. Skin steaming	P1-Perform steaming on face P2-Analyze the correct distance of steaming P3-Monitor steaming time on different types of skin P4-Operate ozone steamer	K1-Explainn the Procedure of steaming K2-Identify the correct technique and reaction of steaming K3-Explain the Importance of timing for steaming K4-Describe the procedure handling ozone steamer	Non consumables: Facial bed Facial trolley Ozone Steamer Sterilize Sanitizer Consumables: Facial bands Sponges Facial gowns

Unit of Competency	Performance Criteria	Knowledge	Tools & Equipment
A6. Removal of blackhead and white heads	P1-Demonstrate the techniques of extracting white /Black heads manually or by vacuum P2-Operate the vacuum machine and suck the white / Black heads in right order. P3-Identify the reason of production of Black & white heads on skin.	K1-Describe the techniques of removing white and black heads with machine / Manual (vacuum) K2- Identify the reaction of Black / White heads extraction by nose pin K3-Explain the procedure to operate vacuum machine. K4-Analyze the reasons of production of black and white heads	Non consumables Facial bed Facial trolley Black head extractor Vacuum machine Consumables: Facial bands Sponges
A7. Application of face mask	P1-Apply mask in correct way P2-Remove mask properly	K1-Describe the types of mask and its importance. K2-State the application of masks on face and remove mask properly.	Consumables Different types of mask according to skin type according to salon policy Facial bands Facial gowns Bowls Applicator Towels
A8. Skin toning	P1- Apply toner with the help of cotton P2-Demonstrate the correct method of toning	K1-Explain the importance of toner after steaming. K2-Describe the correct method of toning	**Non consumables:** Facial bed Facial trolley

Unit of Competency	Performance Criteria	Knowledge	Tools & Equipment
			Consumables: Different types of toners according to skin type Facial bands Facial gowns Facial towels Sponges

Title H.MANICURE AND PEDICURE

Overview: This Competency Standard identifies the competencies required by a beautician while giving a manicure and pedicure service to the client at the salon.

Unit of Competency	Performance Criteria	Knowledge	Tools & Equipment
A1. Procedure of manicure and pedicure.	He/she will be able to: P1.Assess the existing nails and skin condition and identify the area required special treatment. P2.Apply the standard procedures and services to client for manicure/pedicure. P3.Prepare service area for manicure and pedicure. P4.Perform hand/ foot cleanser. P5.Perform hand/ foot scrub. P6.Soak hand/ foot manually/ machinery. P7.Remove hair from hand/ foot or bleach the hair. P8.Shapeup, file, treat nail and cut cuticle according to client's requirements. P9.Revamp and refurbish nail with buffer. P10.Demonstrate the Use of paraffin wax. P11.Apply nail shiner. P12.Identify different types of wax, powder and antiseptic lotions and their cost for manicure and pedicure.	He/she will be able to: K1.Explain the nails conditions and treatment. K2. Explain the standard procedure for manicure and pedicure. K3.Explain the importance of maintenance of service area for manicure and pedicure K4. Describe the role of cleansing K5. Define scrubbing K6.Explain the timings of soaking hands/ feet K7.Describe the techniques of removing hair or bleaching from hands and feet. K8.Explain the correct measures for shaping and filing the cuticle K9.Recognize the role of refurbishing the nails with buffer. K10.Explain the Importance of paraffin wax. K11.Describe the effects of using different wax and different products for manicure and pedicure.	**Non-consumable:** • Pedi/manicure equipment kit. • Foot SPA/hand soak bowl. • Hand sanitizer. • Bowl. • Applicator. • Hydraulic chair. • Client's seat. • Waxing bed. • Wax heater. • Wooden spatula. **Consumables:** • Wax strips. • Powder Skin lotion

Unit of Competency	Performance Criteria	Knowledge	Tools & Equipment
	P13.Identify different types of nail problems. P14.Demonstrate use of foot spa and its proper storage.	Explain the impact of nail shiner K12.Explain the cost effective method for purchasing different wax and thread from market K13. Explain different types of nail problems K14.Explain the use and maintenance of foot spa and its storage	

Title I. SKIN EPILATION

Overview: This Competency Standard identifies the competencies required by a beautician while performing threading and waxing treatment on the client at the salon.

Unit of Competency	Performance Criteria	Knowledge	Tools & Equipment
A1. Procedure of threading	He/she will be able to: P1. Select the appropriate thread required for threading. P2. Perform threading of eyebrows according to face shape and eye shape. P3. Perform threading of upper lips, lower lips and chin. P4. Apply soothing lotion to prevent rashes or redness. .	He/she will be able to: K1. Describe different techniques of threading. K2. Explain the merits and demerits of threading. K3. Describe the remedial measures in case of redness or rashes	Thread, talcum powder, soothing lotion, antiseptic wipes. scissor, tweezer.
A2. Procedure of waxing	He/she will be able to: P1.Identify the different types of wax (hot & cold) available in market. P2. Perform waxing in correct direction. P3. Apply soothing lotion to prevent redness or rashes P4. Procure necessary material required for waxing. P5. Prepare wax.	He/she will be able to: K1. Describe the merits and demerits of waxing. K2. Explain the procedure of waxing. Explain the contraindications of waxing. K3. Describe the remedial measures in case of redness or rashes. K4. Explain the role of soothing lotion during waxing.	Wax, wax strips, talcum powder, soothing lotion, antiseptic wipes, wax gown, sheets, towels. Wax heater. **Material required for preparation of wax** Sugar Water Lemon juice

Title J. MAKEUP

Overview: This Competency Standard identifies the competencies required by a beautician while performing make up professionally at the salon.

Unit of Competency	Performance Criteria	Knowledge
A1. Types of makeup used for different occasions(day makeup, evening makeup, party makeup,	He/she will be able to: P1. Perform the following types of makeup • Day makeup • Evening makeup • Party makeup P2. Identify the skin type of client.	He/she will be able to: K1. Distinguish between the following types of makeup • Day makeup • Evening makeup • Party makeup K2. Explain the makeup technique of following types of makeup. • Day makeup • Evening makeup • Party makeup
A2.Application of foundation in different make up(day makeup, evening makeup, party makeup)	He/she will be able to: P1. Select appropriate foundation according to the skin type and complexion. P2. Apply foundation with the help of sponge, brush and fingers. P3. Apply foundation in accordance to the makeup type, age and skin type. P4. Apply liquid and stick foundation.	He/she will be able to: K1. Explain the importance of application of foundation in makeup. K2. Describe the difference in foundation applied in different makeup styles like (day makeup, evening makeup, party makeup) K3. Identify the foundation according to skin type and complexion. K4. Explain the use of sponge and brush for application of foundation.

Unit of Competency	Performance Criteria	Knowledge
A3. Face shapes and contouring	He/she will be able to: P1. Identify different face shapes. P2. Perform contouring according to the face shape. P3. Select appropriate brush for contouring of nose, chin and jaw line.	He/she will be able to: K1. Explain the features of different face shapes. K2. Describe the contouring technique for various shapes of nose, face cuts and jaw lines. K3. Explain the importance of contouring in makeup.

Title K. BODY MASSAGE

Overview: This Competency Standard identifies the competencies required by a beautician while giving massage treatment to the client at the salon.

Unit of Competency	Performance Criteria	Knowledge	Tools & Equipment
A1. Perform friction, vibratory and stroking massage.	He/she will be able to: P1. Prepare the client and workstation for friction, vibratory and stroking massage. P2.perform the following massage techniques - Friction massage - Vibratory massage - Stroking massage.	He /she will be able to: K1. Describe the Procedure of different movements of massage. K2. Describe the Pre requisites. Of massage movements K3. Identify different pressure points.and muscle groups. K4. Identify suitable oil/ creams and according to skin conditions.	**Non-consumable:** - Client bed. - Massage Chair . **Consumables:** - Massage oils. - Massage creams vitamin E. - Aprons - Gowns - Towels - Head bands
A2. Technique of relaxing the body muscles	He/she will be able to: P1.distinguish different muscles of body. P2. Relax muscles of body using the following massage techniques: - Friction massage - Vibratory massage - Stroking massage.	He/she will be able to: K1. Identify different muscles of body. K2. Identify different pressure points of body. K3. Explain the importance of relaxing the muscles of body. K4. Describe the technique of relaxing the body muscles.	**Non-consumable:** - Client bed. - Massage Chair . **Consumables:** - Massage oils. - Massage creams vitamin E.

Unit of Competency	Performance Criteria	Knowledge	Tools & Equipment
			• Aprons • Gowns • Towels • Head bands